



Church of the Holy Family

5900 West Lake Street
Saint Louis Park, MN 55416
www.hfcmn.org | 952.929.0113
staff@hfcmn.org

Reverend Joseph Johnson, Pastor
Reverend George Welzbacher
Reverend Marcus Milless
Deacon Jim Meyer
Deacon Mike Kraemer

Mass Times:

Sunday 9:00 AM & 11:00 AM
Saturday 5:00 PM
Weekdays 8:00 AM
Weekday Rosary 7:30 AM

Confessions:

Sunday 8:00 AM to 8:50 AM
Saturday 3:30 PM to 4:50 PM
Tuesday through Friday 7:30 AM

Parish Office Hours:

Monday - Friday 8:30 AM to 4:30 PM

Church of Saint Bede the Venerable
(Parish of the Personal Ordinariate of the
Chair of Saint Peter) :

Sunday Mass 5:00 PM
Daily Mass: Mon. – Thu. 5:30 PM
See page 4 for details.



HOLY FAMILY
ACADEMY

Offering Pre-K through 8th Grade
James Grogan, Principal
5925 West Lake Street
Saint Louis Park, MN 55416
www.hfamn.org | 952.925.9193

*Truth, Beauty, and Goodness:
the hallmarks of a Catholic, classical
education that never go out of style.*

March 4th, 2018 Third Sunday of Lent

Welcome to Holy Family! Reserved seating is available in the front pew and at the cross-aisle for those who are mobility impaired. A handicap-accessible restroom can be found on this level off the west side vestibule adjoining the adoration chapel. Proceed downstairs from the Narthex for the main restrooms or if your children are restless and you wish to watch the live video feed of the Mass while allowing them to move around.

For those with a gluten intolerance, please make arrangements in the sacristy before Mass to receive the Precious Blood. Please speak to an usher if you need assistance.

PRELUDE

9:00 *Come, My Way, My Truth, My Life*

R. Vaughan Williams

11:00 *Call to Remembrance*

R. Farrant

INTROIT (9:00)

Gregorian chant, mode VII

Oculi mei semper ad Dominum, quia ipse evellet de laqueo pedes meos: respice in me, et miserere mei, quoniam unicus et pauper sum ego. *Ps.* Ad te Domine levavi animam meam: Deus meus, in te confido non erubescam.

My eyes are forever turned towards the Lord; for he shall release my feet from the snare; look upon me and have mercy me, for I am abandoned and destitute. V. Unto you, O Lord, have I lifted up my soul; O my God, I trust in you, let me not be put to shame.

Ps 25:15, 16, & 1-2

PROCESSIONAL HYMN

Saint Michael Hymnal

572 *I Heard the Voice of Jesus Say*

KINGSFOLD

GREETING

Celebrant: In the name of the Father, and of the Son, and of the Holy Spirit.

R: Amen.

Celebrant: The Lord be with you. *R:* And with your spirit.

PENITENTIAL ACT

Celebrant: Brethren, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

R: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault, through my most grievous fault;

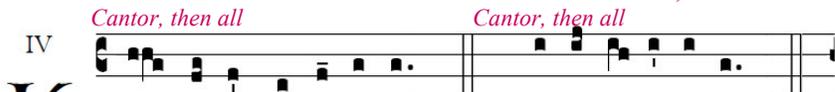
Then they continue:

therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Celebrant: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

KYRIE

Mass XVIII, *Deus Genitor alme*



K Y- ri- e * e- lé- i-son. *ijj.* Chríste e- lé- i-son. *ijj.*



Ký- ri- e e- lé- i-son. *ij.* Ký- ri- e * e- lé- i-son.

THE LITURGY OF THE WORD

Lumen Christi Missal - Page 121

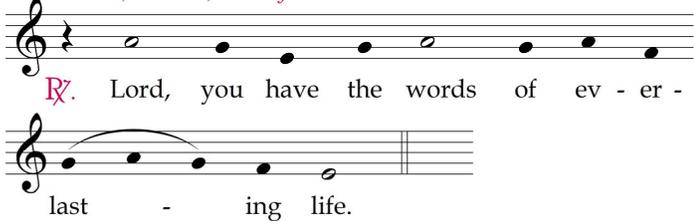
FIRST READING

Exodus 20:1-17

RESPONSORIAL PSALM

Psalm 19:8, 9, 10, 11
Lumen Christi Missal

Cantor, then all; thereafter: all



R: Lord, you have the words of ev - er -
last - ing life.

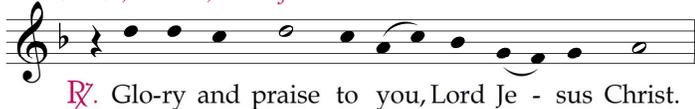
SECOND READING

I Corinthians 1:22-25

GOSPEL ACCLAMATION

T. Marier

Cantor, then all; thereafter: all



R: Glo-ry and praise to you, Lord Je - sus Christ.

GOSPEL

John 2:13-25

Deacon: The Lord be with you.

R: And with your spirit.

Deacon: A reading from the Holy Gospel according to John.

R: Glory to you, O Lord.

At the conclusion of the Gospel:

Deacon: The Gospel of the Lord.

R: Praise to you, Lord Jesus Christ.

NICENE CREED

I believe in one God, the Father Almighty,
maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation, he came down from heaven,

(All bow while saying:)

and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

THE LITURGY OF THE EUCHARIST

OFFERTORY HYMN (5:00)

Saint Michael Hymnal

635 My Song is Love Unknown

LOVE UNKNOWN

OFFERTORY CHANT (9:00)

Gregorian chant, mode IV

Iustitiae Domini rectae, laetificantes corda, et dulciora super mel et favum: nam et servus tuus custodiet ea.

*The ordinances of the Lord are right, bringing joy to all hearts,
sweeter than honey or the honeycomb. Therefore your servant
will observe them.*

Ps 19:9, 10, 11, 12

OFFERTORY MOTET

9:00 *When I Behold the Wondrous Cross*

L. Mason

11:00 *Miserere mei*

T. L. de Victoria

*Have mercy upon me, O God, after thy great goodness: according
to the multitude of thy mercies do away mine offences.*

Ps 51:1

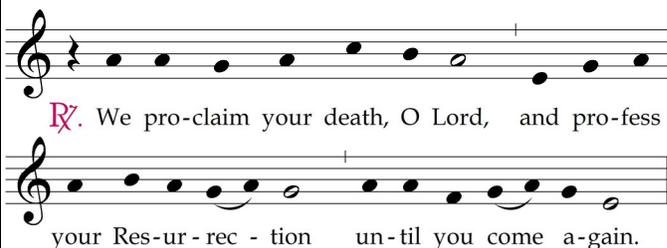
INVITATION TO PRAYER

Celebrant: Pray, brethren, that my sacrifice and yours may
be acceptable to God, the almighty Father.

R: May the Lord accept the sacrifice at your hands
for the praise and glory of his name, for our good
and the good of all his holy Church.

SANCTUS Mass Setting XVIII - Lumen Christi Missal, p. 890

MYSTERY OF FAITH



R: We pro-claim your death, O Lord, and pro-fess
your Res-ur - rec - tion un-til you come a-gain.

GREAT AMEN



R: A - men, a - men.

SIGN OF PEACE

Celebrant: The Peace of the Lord be with you always.

R: And with your spirit.

AGNUS DEI Mass Setting XVIII - Lumen Christi Missal, p. 891

HOLY COMMUNION

*We invite actively practicing Catholics who are properly
disposed to come forward to receive Holy Communion. Our
brothers and sisters of other faiths are invited to approach with
arms crossed over the chest to receive a blessing. At Holy Family
we receive the combination of the Body and Blood of Christ on
the tongue. If you prefer to receive just the Body of Christ in your
hand, please have your hands clearly out before you approach.*

COMMUNION ANTIPHON

Gregorian chant, mode I

Passer invenit sibi domum, et turtur nidum, ubi reponat pullos suos: altaria tua Domine virtutum, Rex meus, et Deus meus: beati qui habitant in domo tua, in saeculum saeculi laudabunt te.

The sparrow has found herself a home, and the turtle dove a nest in which to lay her young: at your altars, O Lord of hosts, my King and my God! Blessed are they who dwell in your house, they shall praise you for ever and ever. Ps 84:4, 5

COMMUNION MOTET

9:00 *Now His Year of Life Perfected* G. P. da Palestrina
Venantius Fortunatus, tr. R. Knox

11:00 *Wash Me Thoroughly* S. S. Wesley
Ps 51:2-3

SECOND COLLECTION**The Care Fund**

The Care Fund meets the emergency needs of Holy Family parishioners and the wider community.

CLOSING HYMN*Saint Michael Hymnal*

625 Lord, Who Throughout These Forty Days ST. FLAVIAN

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TODAY AT HOLY FAMILY**EUCCHARISTIC ADORATION**

Please consider signing up for a regular hour (or more) with our Lord. Contact our Adoration Coordinator Mike Zwack at 612.710.5007. The weekly times where we have the greatest need can be reviewed on page 5. We can always use substitutes as well!

FOOD DRIVE SUNDAY—START OF MINNESOTA FOODSHARE MONTH

Non-perishable items will be collected in the entryways of the church before and after all Masses the month of March. Thank you!

See page 6 for more details.

**TRAVELING VOCATIONS CHALICE**

Please have the Chalice in the sacristy immediately after the 9:00 AM Mass. Here is the schedule for March:

March 4: **Lee and Jennifer Flesher family**
March 11: Vince and Linda Fahnlander family
March 18: Jeff and Erin Mitchell family
March 25: Matt and Jennifer Kistler family

YOUNG ADULT BRUNCH & GOSPEL REFLECTION

after the 11:00 AM Mass

See page 6 for details.

MIRANDOLA ENSEMBLE CONCERT

3:00 PM

See page 7 for details.

HOLY FAMILY CALENDAR**Sunday, March 4**

9:00 AM Mass
11:00 AM Mass
After Mass Young Adult Brunch
3:00 PM Mirandola Ensemble Concert
5:00 PM Mass: Church of Saint Bede

**3rd Sunday of Lent
Food Drive Sunday**

Nazareth House
Church
See p. 4 for details

Monday, March 5

8:00 AM Mass
8:30 AM Exercise Class
2:15 PM Stations led by HFA Students
3:00 PM Widows & Widowers Holy Hour
5:30 PM Mass: Church of Saint Bede
6:45 PM Knights of Columbus Meeting
7:00 PM Respect Life Meeting

Fr. Wilkins Room
Church
Adoration Chapel
See p. 4 for details
Fr. Wilkins Room
St. Joseph Room

Tuesday, March 6

8:00 AM Mass
9:00 AM Weekly Scripture Study
10:30 AM Goodtimers 500 Club
5:30 PM Mass: Church of Saint Bede
7:00 PM Neocatechumenal Way
7:00 PM Lenten Adult Formation

Fr. Wilkins Room
St. Joseph Room
See p. 4 for details
Fr. Wilkins Room
Fr. Moorman Hall

Wednesday, March 7

8:00 AM Mass
After Mass Coffee & Rolls
9:00 AM Children's Eucharistic Adoration
9:30 AM Pester the Pastor
3:30 PM Youth Choir
5:30 PM Mass: Church of Saint Bede
6:30 PM Confirmation Class
6:30 PM Religious Education
7:00 PM Parish Confession Night

Fr. Moorman Hall
Adoration Chapel
Fr. Moorman Hall
Fr. Moorman Hall
See p. 4 for details
Fr. Moorman Hall
HFA
Church

Thursday, March 8

8:00 AM Mass
8:30 AM Exercise Class
1:00 PM Merciful Love Prayer Group
5:30 PM Mass: Church of Saint Bede
7:00 PM Parish Choir Rehearsal
7:00 PM RCIA

Fr. Wilkins Room
Church
See p. 4 for details
Choir Loft
HFA 305

Friday, March 9

8:00 AM Mass
After Mass Divine Mercy Chaplet & Benediction
5:00 PM Fish Fry
7:00 PM Stations of the Cross/Benediction/Lecture

Abstinence from meat

Church
Fr. Moorman Hall
Church

Saturday, March 10

4:45 PM Benediction
5:00 PM Mass
6:30 PM Friendship Group Meeting

Fr. Moorman Hall

Sunday, March 11

9:00 AM Mass
After both Masses St. Bridget's Project Fair
10:30 AM WMYA Team Meeting
11:00 AM Mass
After Mass Young Adult Brunch
3:00 PM Sobieski String Quartet Concert
5:00 PM Mass: Church of Saint Bede
6:00 PM Theology ala Carte

**4th Sunday of Lent
Daylight Savings Begins**

Fr. Moorman Hall
Fr. Wilkins Room
Nazareth House
Church
See p. 4 for details
Nazareth House

Please see page 1 for the schedule of Confession times

For this week's daily readings, please visit
www.usccb.org/bible/readings

MASS INTENTIONS

| | | |
|-----------------------------|-----------------------|----------|
| Mon., Mar. 5 th | Bob Eaton † | 8:00 AM |
| Tue., Mar. 6 th | The Rob Reed Family | 8:00 AM |
| Wed., Mar. 7 th | Robert Litwin | 8:00 AM |
| Thu., Mar. 8 th | Andrew Litwin | 8:00 AM |
| Fri., Mar. 9 th | Laura Urness † | 8:00 AM |
| Sat., Mar. 10 th | Louis and Joe LeRoy † | 5:00 PM |
| Sun., Mar. 11 th | For the Parish | 9:00 AM |
| Sun., Mar. 11 th | Jim Walsh † | 11:00 AM |

INTERCESSIONS

Please pray for:

Sue Adams
Al Grogan (*father of Jim Grogan*)

Go to www.hfcmn.org and click on "submit prayer request" or call the parish office. You need permission from the person for his/her name to be listed in our prayer intentions. Sign up for "Prayer Partners" on Flocknote to receive notifications. Prayer intentions will be sent by email and listed in the bulletin for one week. Birth and death notices (with meal calendars) will be sent to those signed up for "Prayer Partners."

SUNDAY STEWARDSHIP

CONTRIBUTIONS FOR FEBRUARY 24-25, 2018

| | |
|----------------------------|---------------------|
| Plate | \$ 3,154.89 |
| Member Envelopes | \$ 7,073.57 |
| Online Giving | \$ 5,735.55 |
| Total Contributions | \$ 15,964.01 |

SECOND COLLECTION:

| | |
|---------------|-------------|
| The Care Fund | \$ 1,032.39 |
|---------------|-------------|

Next week's Second Collection will benefit Global Solidarity.

Thank you for your generosity!

STEWARDSHIP NOTE:

Even when the second collection goes to another organization, please fill out all checks to "Holy Family Catholic Church;" the church then is able to write one check to the organization. Thank you!

"The earth will not continue to offer its harvest, except with faithful stewardship. We cannot say we love the land and then take steps to destroy it for use by future generations."

~ John Paul II

CHURCH OF SAINT BEDE

The Personal Ordinariate of the Chair of Saint Peter was created by the Vatican in 2012 to assist former Anglicans who wish to become Catholic. Their liturgy is a valid Catholic Mass but incorporates distinctive elements from their tradition. Everyone is welcome, and attendance fulfills the obligation for any Catholic for Sunday and holy days. Visit www.thevenerablebede.org for more information.



DIRECTORY

General Staff Office 952.929.0113

| | | |
|------------------|---|--------------------------|
| Bobbi Hanson | <i>Parish Business Administrator</i> | 952.999.4888 |
| Kathy Fink | <i>Office & Sacramental Records</i> | 952.929.0113 |
| Tricia Gawarecki | <i>Office & Background Checks</i> | 952.929.0113 |
| Linda Vos | <i>Accountant</i> | 952.999.4889 |
| Trever Bergman | <i>Facilities Manager</i> | 952.999.4885 |
| Lisa Bearth | <i>Comm. Coordinator</i> | Lisa.Bearth@hfcmn.org |
| Carrie Havlicek | <i>Bulletin</i> | communications@hfcmn.org |

Liturgy and Pastoral Staff

| | | |
|------------------|--|--------------|
| Deacon Jim Meyer | <i>Sacramental Preparation</i> | 952.999.4881 |
| Sharon Pero | <i>Liturgy & Pastoral Ministry</i> | 952.999.4890 |
| Scott Turkington | <i>Director of Sacred Music</i> | 952.999.4887 |
| Atsuko Schlough | <i>Associate Organist</i> | 952.999.4887 |

Faith Formation Staff

| | | |
|-----------------|------------------------------------|---------------------------|
| John Hartnett | <i>Director of Faith Formation</i> | 952.999.4822 |
| Elizabeth Brown | <i>Confirmation Coordinator</i> | Elizabeth.Brown@hfcmn.org |

Apostolates

| | | |
|----------------------|-----------------------------------|---|
| Lee Flesher | <i>Pastoral Council</i> | pc@hfcmn.org |
| Mike Zwack | <i>Perpetual Adoration</i> | 612.710.5007 |
| Lynn Heeren | <i>Altar & Rosary Society</i> | lynnheeren5@gmail.com |
| Mark McCarthy | <i>Knights of Columbus</i> | GrandKnight@KofC3949.org |
| Mary Anne von Dohlen | <i>Home Educators (HFHE)</i> | Call Church office for contact information. |

Natural Family Planning:

| | | |
|-------------|------------------------------|--------------|
| Teri Russek | <i>Sympto-Thermal Method</i> | 612.721.3791 |
|-------------|------------------------------|--------------|

If you or someone you know is in need of emergency assistance, please contact:
STEP - Emergency Program: 952.925.4899

PARISH NEWS & EVENTS: FLOCKNOTE

Stay updated through Holy Family's communication tool, Flocknote. You'll get weekly updates from the parish, as well as any timely updates from the school and any groups you'd like to join (e.g. Adorers of the Blessed Sacrament).

How to hear from Holy Family:

1. Visit www.flocknote.com/HFC - or - Text HFCMN to 84576
2. Fill in your information (which will be kept confidential) and join those groups (e.g. 'Adorers...' or 'Prayer Partners') that pertain to you. Please be sure to join the group representing your region to keep up with activities in your neighborhood.
3. You can log in anytime to change what groups you follow!

HOLY FAMILY IS ON FACEBOOK!

"Like" Holy Family on Facebook to get updates on parish life, Catholic topics around the archdiocese, and upcoming parish events! For the Church, click the button on the homepage at www.hfcmn.org. For HFA, click the button at hfamn.org.

EUCCHARISTIC ADORATION



I feel so blessed to have been introduced to adoration by my close friend, Christina. I was seeking a deeper, more intimate way to spend time with the Lord, and the moment I stepped into the room I was overcome with a feeling of safety, love, and warmth. I look forward to adoration every week, as it is a time for me to really spend quality time with prayer and devotion. Going to adoration has been the biggest blessing in my life, and I am so grateful that I am able to attend each week.

~ Alexandria Coursol

I have had the same holy hour since we joined the parish 17 years ago. Every Sunday morning, from 4:00 to 5:00 AM, is my one-on-one time with Jesus and Mary. I wouldn't trade it for the world. Given my self-absorbed and highly distracted nature, I need this weekly realignment. I'm like my husband reaching up to adjust his glasses, only in my case, it's my spiritual vision that's being corrected. Do I adore Our Lord when I'm there? Yes, definitely, but sometimes I just yak at Him and often I complain. This past year found me crying a LOT because I lost my mom last April, and now my dad. (It's a good thing I'm usually by myself!) I can't imagine walking this journey without Our Lord and His blessed mother; they are changing my heart and increasing my trust...day by day, week by week, and year after year after beautiful year.

~ Margaret Berns, Parishioner

It is our goal at Holy Family to have at least two adorers present at each hour on the adoration schedule, so that every adorer can have a partner for scheduling back-up and safety during nighttime hours.

We are always in need of committed substitutes! If you wish to adore at a time not listed, you are still welcome and needed!

Please contact **Mike Zwack 612.710.5007**, our Adoration coordinator, if you are willing to make an hour (or greater) commitment each week, and for information on the other times available:

Currently, the times of our greatest need are:

Tuesdays: 3-4 AM; Thursdays: 11-noon

Fridays: 4-5PM and 11-midnight

Saturdays: 2-3 PM

HOLY FAMILY ACADEMY

REGISTRATION FOR 2018-2019

Registration for the 2018-2019 school year is happening now! Please call the school's front office 952.925.9193 to schedule a day to shadow and to enroll!

Pre-Kindergarten offerings (*currently a waiting list*) will be either every day or Monday-Wednesday-Friday (1/2 or full day for each).

Tuition and other information about our classical curriculum is available online or in the brochures in the back of church.

Please spread the word about Holy Family Academy!

DINE OUT FOR SCHOOLS!

Holy Family Academy receives 5% of sales from Parkway Pizza, every second Tuesday of the month. Our next night is Tuesday, March 13th. They are located at the corner of Dakota and Minnetonka Blvd.



STEWARDSHIP CORNER

The weekly Scripture Study is a group of disciples who meet at Holy Family Church, in Fr. Wilkins Room, every Tuesday morning, from 9:00 to 10:00 AM. We discuss the readings for the up and coming Sunday. We share fellowship and refreshments. Come and join us anytime. If you have questions, please contact Roland and Dona Marek 952.926.3130. God bless and thank you.

BULLETIN SUBMISSIONS

If you have a parish-related or archdiocesan event or announcement you would like to include in our bulletin, please submit in writing to communications@hfcmm.org by March 8th for the March 18th bulletin; and March 9th for the March 25th, Palm Sunday Bulletin.

IN AND AROUND THE ARCHDIOCESE

THE COUNCIL OF CATHOLIC WOMEN DEANERY MEETING is being held at St. Charles Borromeo Church on **March 12th** 9:00 AM to 2:30 PM. The speaker is Elizabeth Kelly, award-winning speaker and author; presently she teaches at the University of St. Thomas. Meeting, speaker, rosary, Mass, lunch and silent auction. Call Terry Berthiaume for reservations 952.929.3155. Lunch is paid by Holy Family Altar & Rosary Society.

GLOBAL SOLIDARITY SUNDAY: MARCH 10 AND 11

Global Solidarity Sunday is when we celebrate that "The Light came into the world" (John 3:19). It is a unique opportunity to share the light of the Lord in solidarity with our brothers and sisters overseas. We are invited to offer gifts of support by contributing to the four global initiatives designated by U.S. Catholic Bishops: The Church in Africa, Latin America, Central and Eastern Europe and humanitarian activities of Catholic Relief Services. Please help our brothers and sisters who are sharing the light of the Lord overseas during Global Solidarity Sunday. The second collection for that weekend will go towards their cause.

2018 ARCHDIOCESAN MEN'S CONFERENCE

On **March 10**, Bishop Cozzens is encouraging all men to attend the conference at Saint Thomas Academy in Mendota Heights. Msgr. Thomas Richter will be our keynote, among many great speakers who will offer breakout sessions. We are excited about our second keynote: **Fight The New Drug**. They are an organization which provides individuals the opportunity to make an informed decision regarding pornography by raising awareness on its harmful effects using science, facts, and personal accounts. The online registration page includes a tab for each parish so we can see which parishes each registrant comes from

<https://secure.acceptiva.com/?cst=638022>

FRIDAYS OF LENT AT HOLY FAMILY



FISH FRY

Every Friday of Lent between 5:00 PM and 7:00 PM in Fr. Moorman Hall. All proceeds will go to Holy Family Academy. We had great reviews on the baked fish option. New this year; **credit cards accepted**. Prices are still \$8.00 for adult plates and \$4.00 for children plates.

Support Holy Family Academy by visiting the dessert table after your meal. For more information, or to find our disciple sign up check out the Knights' website: www.kofc3949.org.

STATIONS OF THE CROSS WITH BENEDICTION

Join us for Stations of the Cross followed by Benediction in the church every Friday at 7:00 PM.



FRIDAY NIGHT LECTURE SERIES ON PRAYER

Have you ever wondered about questions like: What is the best way to pray? Or how much should I pray each day? Or how often should I pray the rosary? Our Lenten Friday night lecture series this year will attempt to answer those questions and many others regarding prayer. Prayer is a personal response to God's presence. God loves us more than we can imagine. We respond to that love by loving him back. People in love want to spend time together. Prayer is a person to person communication with God. Come and learn about things like Lectio Divina, Ignatian contemplation, Liturgy of the Hours, novenas and many other prayer related topics.

OTHER LENTEN OFFERINGS

YOUNG ADULT BRUNCH & SUNDAY REFLECTION

Please join Holy Family Young Adults for a brunch and Gospel Bible Study, **Sundays, after 11:00 AM Mass** We will be reflecting on our personal faith journey through the Sunday Gospel. Eggs, meat, coffee, and juice will be provided. Please bring donuts/bread/cake to share. Nursing Babies are welcome. We will meet in the Nazareth House, 3144 Zarthan Ave.



STATIONS OF THE CROSS

On **Mondays**, during Lent, our school children from Holy Family Academy will be leading Stations of the Cross in the church at **2:15 PM**. All are welcome to come and pray with them.

TUESDAY ADULT FORMATION LENTEN SERIES LOVING GOD WITH YOUR WHOLE HEART, SOUL, MIND, AND STRENGTH

This series will explore the divine call to give our entire self to God in love. We will explore what it means to truly do so and look at the lives of several saints who embody these qualities richly. All of these presentations will be in Fr. Moorman Hall at 7:00 PM and last about an hour.

Our lecture on **Tuesday, March 6th**

Loving God with Your Whole Soul with Sts Jerome and Thomas Aquinas

LENT AT HOME

ENGAGE WITH BISHOP ROBERT BARRON DURING LENT!

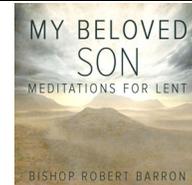
Those of you who are already signed up for Holy Family's weekly Flocknote messages, or who sign up (see directions page 4), will receive a new, special message on Sundays during Lent! This **"ENGAGE"** message will contain a brief Lenten reflection by Bishop Robert Barron, a renowned Catholic speaker and apologist who is known for video series such as "Catholicism" and "Pivotal Players." These messages are free to our parish during Lent and will hopefully serve you as both an informative and inspirational opportunity to grow closer to Christ.



FORMED.ORG: SPIRITUAL DISCIPLINE

To access Catholic movies, books, audio recordings and more, go to www.Formed.org, and sign up using our parish code: **2QCG4F**.

Bishop Robert Barron offers five sermons on Christ-centered spiritual discipline, encouraging listeners to develop it during Lent! Listen to "My Beloved Son: Meditations for Lent" on www.FORMED.org, hovering over the "LISTEN" tab, choosing "TALKS" from the dropdown menu, and selecting it from the "PRAYER" section (after scrolling down).



HERE AT HOLY FAMILY

Set Clocks Ahead



DAYLIGHT SAVING TIME BEGINS

SUNDAY, MARCH 11TH

SOLEMNITY OF SAINT JOSEPH

Join us for breakfast and a little surprise in Fr. Moorman Hall after the 8:00 AM Mass on Monday, March 19th, to celebrate the Solemnity of Saint Joseph. Due to this big celebration, the March 21st, Wednesday Coffee/Rolls will be cancelled.



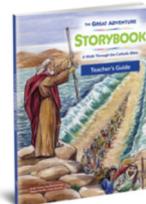
MINNESOTA FOODSHARE MARCH 2018 CAMPAIGN

Going strong for 36 years, the Minnesota FoodShare March Campaign is the largest food drive in the state, and congregations like ours are the heart of the campaign. You are invited to bring non-perishable items to Mass every weekend during the month of March; please place them in the collection bins located in the church entryways. Let's help fill the Saint Louis Park Emergency Program (STEP) food shelves, and make sure our neighbors do not go hungry!



THE GREAT ADVENTURE STORYBOOK: A WALK THROUGH THE CATHOLIC BIBLE

"For the word of God is living and active, sharper than any two-edged sword..... discerning the thoughts and intentions of the heart." (Hebrews 4:12) Are you a Catholic warrior? Do you want to raise Catholic warriors?... Come down on **March 18th** after both the 9:00 and 11:00 AM Mass to Fr. Moorman Hall, for a brief overview (20 min) of how to use this book as a resource to help your family read through the Bible together from a Catholic perspective.



A MESSAGE FROM FR. JOSEPH JOHNSON

SUGGESTIONS FOR LENT

Lent is about discovering true joy instead of settling for the passing pleasures we often experience. We should prefer union with God to the myriad temptations which all try to convince us of the same lie: “there is something better than God somewhere else.” God loves us infinitely and unconditionally! Lent helps us purify our hearts to recognize that our relationship with Jesus is our true treasure—what could be better than a love that never fails? The confidence with which we make our “yes” to be disciples of Jesus gives us the strength to say “no” to temptations which lead us away from Him.

We live in a society where every day is a party—we can have whatever we want whenever we want it. Fast food, convenience stores, and online shopping have made instant gratification our constant way of life. We need to return to a rhythm of life with fasts and feasts. Only then do celebrations become real and bring true joy. Lent is a time of preparation which leads to the celebration of Easter. How well we prepare directly impacts the richness of our celebration. Perhaps the most radical thing we could do this Lent would be to restore the rhythm of each week. Saint John Vianney started freeing his parish from the secularization of the French Revolution by convincing people to keep Sunday holy. It should be a day free from shopping, household chores, and homework and instead devoted to prayer, family, recreation, and service of others.

The three pillars of Lent are prayer, fasting, and almsgiving. All three are ways of growing in holiness. Every Lenten practice should manifest itself as another step towards our becoming saints. If it doesn't contribute to an increase of love for God and neighbor, then it really isn't relevant to Lent.

Let's look at the last one ... Almsgiving.

ALMSGIVING

Principle: Along with self-restraint, another brake on self-indulgence is self-gift. In fact, love means the ability to make a gift of self to another! To know if you're being loving in a particular situation, simply ask “am I giving or taking?” We need generosity of heart in order to be truly Christ-like. We also need to be free from attachments to worldly things so we can be attached to God!

Try these practices:

Distinguish between tithe and alms—both relate to money but a tithe is a sacrifice to the Church in justice to pay a debt of gratitude to God whereas alms are free gifts to a neighbor in charity. A tithe is giving 10% of our income back to God as thanksgiving for the 100% of everything which He has given to us. Fulfilling our tithe to the Church (recommended 8% to parish and 2% other Catholic entities) is necessary before we can even begin to give alms to other charitable organizations or to a particular neighbor in need. Neither is about seeking a tax deduction or being persuaded to support a worthy cause. Both are about recognizing that we are only stewards of what has been entrusted to us and must give an account of our use to God.

Pray that the Holy Spirit shows you the way to be “poor in spirit” as Jesus preached in the Beatitudes. Can I recognize what my needs are vs. what my wants are? Honestly, our needs are few and simple but our wants have never been larger in this incredibly affluent society!

Work to overcome selfishness—whenever we buy something new (or receive it as a gift), then give something I already have away! (e.g. a new sweater received means an old sweater will be given to the poor)

Remember the value of the “widow's mite”—Jesus said it was worth more than all the other gifts to the Temple because it came not from her surplus or excess goods but was a sacrifice. It isn't a sacrifice if it doesn't hurt. Do I give out of my “extra” or does it make me deny myself?

“Store up treasure in Heaven”—make “lifestyle choices” here which give witness to the world that I am not trying to create paradise on earth but am longing to find my true home in Heaven. Only in this way can I escape the materialism which weakens my resolve to seek God above all else.

Think about “you did it to Me” (Mt. 25)—Mother Teresa identified this parable of the sheep and the goats as the summary of the entire Gospel. Do we share our possessions with others as if it was Jesus Himself who was in need? Jesus also identified “Mammon” (another word for money or wealth) as the chief rival to God for man's affection.

BOTTOM LINE

Any budget is a theological document—show me how you spend your time, energy, and money and I will be able to tell what's important to you. Use prayer, fasting, and almsgiving to line up the concrete decisions of daily life with the priorities we should have as Christians. Lent is about becoming saints—not about holding our breath until Easter and then resuming life as we were before!

LENTEN OPPURTUNITIES THIS WEEK

**MIRANDOLA ENSEMBLE CONCERT
TODAY
3:00 PM**

“Parce Domine,” a candlelit concert of Lenten choral music centered around Carlo Gesualdo's “Tenebrae Responsories” for Holy Saturday, and Lenten chants and motets. Nicholas Chalmers, conductor. \$15.00 tickets available at the door. All students FREE!

**PARISH CONFESSION
NIGHT**

**WEDNESDAY, MARCH 7TH
7:00-9:00 PM**

We will have several priests available to hear private confessions at this time.

**SOBIESKI STRING QUARTET CONCERT
SUNDAY, MARCH 11TH
3:00 PM**

Sobieski String Quartet Concert of “The Seven Last Words of Our Saviour on the Cross (Die sieben letzten Worte unseres Erlösers am Kreuze)” by Franz Joseph Haydn